

# Multidisciplinary Studies Nutrition Track (M.S.)

Students who enroll in the master of science in multidisciplinary studies nutrition track are guided to create a degree curriculum tailored to their own career aspirations. The 100-percent online nutrition track curriculum can be combined with coursework in related and expanding areas of health and wellness, and dietetics and nutrition education to include adult education, business, creative studies, public relations, psychology, and technology.

#### **ABOUT THE TRACK**

The nutrition track courses are offered 100-percent online and designed for graduates and practitioners in the area of nutrition education and dietetics to enhance and update their knowledge and skills in the field.

The interdisciplinary nature of the program enables students who enroll in the master of science degree in multidisciplinary studies nutrition track to create their best degree curriculum based on their own career aspirations.

#### **LEARNING OUTCOMES**

The multidisciplinary studies nutrition track is designed to meet the following learning outcomes:

- 1. Demonstrate the application of advances in nutrition knowledge to educational or practice settings.
- Develop and expand skills in a selected area of nutrition education and/or dietetics practice.
- Integrate evidence-informed practice, research principles, and critical thinking into practice.

#### TRACK CURRICULUM

## Required Courses (9 credit hours)

## Nutrition (12 credit hours)

NFS 503 Nutritional Intervention in Disease States

NFS 510 Nutrition Education (2)

NFS 605 Recent Advances in Nutrition (3)

NFS 620 Seminar in Nutrition (1)

#### Electives (15 credit hours)

ADE 500 Introduction to Adult Education (3)
ADE 608 Instructional Design and
Assessment (3)

ADE 610 Methods of Adult Education (3)

CRS 530 Creative Teaching and Learning in Formal and Informal Settings (3)

Other courses available with advisement

# Research Methods and Master's Project (6 credit hours)

SPF 689 Methods and Techniques of Educational Research (3)

NFS 690 Master's Project (3)

### 30 total credit hours

#### **ADMISSION REQUIREMENTS**

- 1. A bachelor's degree from an accredited college or university with a minimum cumulative GPA of 2.5 (4.0 scale).
- A two- to three-page statement of intent essay that includes educational and professional objectives and reasons for interest in a nontraditional study format.
- Signed principal adviser consent form.Students in the nutrition track will be advised by Dr. Carol DeNysschen.
- 4. An interview with the program coordinator/ principal adviser who will contact the student for an appointment after the completed application is received.

In addition, all applicants should review the Admission to a Graduate Program section in the Graduate Catalog (catalog. buffalostate.edu/graduate).

#### **CRITERIA FOR SUCCESS**

Students in this curriculum engage immediately in advanced courses in the area of nutritionandeducation. Certain background knowledge is necessary for success in the curriculum. Thus, it is recommended applicants should have prior coursework in nutrition.

#### **CONTACT INFORMATION**

For specifics about the multidisciplinary studies program and graduate study guidelines:

Dr. Kimberly Jackson Cleveland Hall 204 1300 Elmwood Avenue Buffalo, NY 14222 (716) 878-5601 jacksokj@buffalostate.edu

For nutrition track information and admission guidance:

Dr. Carol DeNysschen (716) 878-3218 denyssca@buffalostate.edu